

60.012 **I AM the Master of My Psychology**

1. I AM the master of my psychology.
2. I AM the perfect balance of mindfulness and heart-centeredness.
3. I AM my loving Superconscious Self emanating through my life 24/7.
4. I AM manifesting emotional intelligence as divine love now.
5. I AM the perfect balance of Alpha and Omega in my being, my family, my relationships, my career and all my spiritual work.
6. I AM harmonizing all frequencies and energies that are flowing through my mind and emotions to stay true to my Presence and focused on my God.
7. I AM the mastery of higher soulfulness as my psyche, my soul, is raised in light to behold and merge with my Oversoul—my Divine Self.
8. I AM continuously cognizant of the issues that I am choosing to resolve that are outplayed in my life through my interactions with others.
9. I AM consciously choosing to react only from a point of pure divine love, understanding and patience.
10. I AM on a higher learning curve with the World Teachers in mastering my listening skills so as to always hear the true voice of God within.
11. I AM obedient to my inner voice which prompts me to act according to my highest divine principles, values and God-desires.
12. I AM graciously and in a self-forgiving spirit transmuting all elements of my former self as they may arise in moments when I temporarily lapse into unreality through unconscious speech or past patterns of imperfection.
13. I AM aware of my opportunities to master my past and my future by living in the Eternal Now, centered in divine love.

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14. I AM perfect beingness through which my Higher Self shines through my soul and illumines the world all around me.
15. I AM a Divine Psychologist with Beloved Kuthumi, the God Meru and Lord Lanto—my guides to understanding my Self.
16. I AM assisting all through my example of a heart-centered life lived to glorify God and magnify the Lord.
17. I AM recording my dreams daily as Jesus helps me interpret what my Divine Self is speaking to my unconscious mind during REM, during sleep.
18. I AM releasing all sense of separateness from God and accepting my eternal oneness which allows me to master my psychology moment by moment.
19. I AM joyfully moving far beyond guilt, blame and shame to embrace oneness, acceptance and the brilliance of my Solar Presence now.
20. I AM accountable for my life and my daily choices, and I consciously choose to no longer revolve or live in the past or recreate painful memories.
21. I AM working daily to better myself by meditating on light, accepting God's virtues and quintessences, and seeing myself ensconced in radiant joy.
22. I AM the pure gnosis of my Higher Self through divine friendship and an ongoing inner communion with my own great Beloved.
23. I AM pure love as my twin flame lives within my heart and I feel connected, appreciated and cherished by my beloved other half.
24. I AM focused through my higher mind upon my beloved Christ Self, who is liberating me from my past and leading me to my perfect future in the Now.
25. I AM One with God—the Great I AM THAT I AM of all life.

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26. I AM living in a perfect field of solar beingness through which the divine psychologists inspire new spiritual methodologies upon me to help those entrusted to my care and loving service.
27. I AM embracing my former detractors and enemies and prayerfully moving us all forward into a New Era of Freedom, Enlightenment and Loving Joy!
28. I AM living in my Solar Reality and assisting my family, friends and co-workers to also be real as we all master our psychology.
29. I AM attending ongoing etheric classes and training by the World Teachers in Higher Psychology so as to master the arts and sciences of Solar Living.
30. I AM abiding in a happy, non-reactive state to assist others in resolving conflict, in coming to terms with the Path, and in being victorious always!
31. I AM the Way, the Truth and the Life as a Doctor of Spiritual Integration, following Jesus all the way to the perfectionment of my heart through love.
32. I AM nurturing all through simple acts of kindness, givingness and grace.
33. I AM alchemically changing my life today into the life I have always desired where I AM free to be who I AM in God, smiling and happy as a lark 24/7!
34. I AM polite and courteous and follow the rules of divine etiquette daily.
35. I AM mindfully musing with Maitreya, Mary, Meru, Morya and Mother on ways and means of assisting all who require heaven's intercessory grace.
36. I AM pursuing my high and holy calling while mastering my psychology in the most sublime yet simple ways through loving service to thousands.

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37. I AM joyfully singing the new song of my Oversoul—my playful and harmonic keynote—and freeing myself to live eternally in God.
38. I AM judiciously using all energies vouchsafed to me each morning to fulfill the most important divine work I choose to engage in today.
39. I AM consciously harmonizing my auric field now as the comfort flame of the Holy Spirit oozes through my heart and spirit hourly to bless all life!
40. I AM radiating spiritual fire to stimulate Earth's atmosphere in a radiant field of joy, so all fears, blocks, manias, obsession, depression, neuroses and psychoses are transmuted once and for all now!
41. I AM the reintegration of every soul part into my being by magnetizing them through pure love for God, nature and all created life forms.
42. I AM flowering in my God Presence as I shine the light of the Sun now!
43. I AM the Sun within me regulating all my hormones and providing me with all the melatonin and serotonin I require to sleep peacefully and awaken each morning refreshed and invigorated in divine love and joy.
44. I AM psychologically balanced and harmonious throughout this day!
45. I AM integrated in God as my subconscious mind is trued to the universal mind of God, allowing me to access all truth, wisdom and divine knowledge.
46. I AM perfecting the science of Solar Living through which the Psychology of the New Era will emerge to bring harmony and balance to every soul.
47. I AM loving all who in the past have pressed my buttons, activated stress factors within or denigrated my reality. And by my love they, too, are healed.

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48. I AM the wholeness of my integrated Buddhic Being, my Atmic Self and my Solar Reality—shining the light of cosmic joy throughout all multiverses.
49. I AM emanating a rosy fragrance of kindness through my heart to alleviate the suffering, pain and anguish of those whom I choose to love today.
50. I AM gracing the Cosmos with my mastery of the psychology of my soul and my new awareness of Presence by which all are free to be God!

This prayer may be given as a rosary by giving a “Hail Mary” prayer after each verse.