

Medicine Buddha Healing Rosary

Each statement is followed by **Om Mani Padme Hum.** or
I AM Mary's healing love today.

1. I AM strong and healthy in body, mind and soul.
2. I AM resurrecting the pure patterns of my etheric double.
3. I AM the four directions of the Earth, healing with soul, heart, mind and body.
4. I AM a being of transcendent health, joy and peace.
5. I AM the brightness of the unity heart-flame.
6. I AM transforming impatience to peace in my soul, heart, mind and body.
7. I accept everything that comes to me today as the perfect experiences required to precipitate my Buddhahood.
8. I AM the strength of the mountains, the beauty of the great forests, and the purity of peaceful waters.
9. I AM using my mindful breathing to grow in my Now awareness of my daily divine requirements.
10. I AM radiating healing light into my family tree, healing all pain and imbalances.
11. I AM the sun in my soul, heart, mind and body.
12. I AM consciously choosing to consume in the Now the best foods for my optimal health today, tomorrow and forever.
13. I AM choosing to believe that I was divinely created to be whole in soul, heart, mind and body.
14. I AM conscious of my thoughts, feelings and words.
15. I AM a perfect crystal temple of light.
16. I AM happy in my contentment in my soul, heart, mind and body.
17. I AM grateful for the perfect health of my soul, heart, mind and body.
18. I AM a perfect healing being now.

19. I AM the divine perfection of my heart, mind, body, soul in their perfect frequencies and velocities of vibration.
20. I AM thanking my soul, heart, mind and body daily for all they are teaching me.
21. I AM the living liquid-crystal diamond light of healing of every facet of my being.
22. I AM peaceful and loving to my soul, heart, mind and body.
23. I AM the Medicine Buddha's healing of the five poisons within my soul, heart, mind and body.
24. I AM the crystal-diamond light of the Buddha healing my soul, heart, mind and body.
25. I AM the light of the way for all to follow to their highest level.
26. I AM shining with the immaculate concept of my magical body temple.
27. I AM perfect wholeness in my soul, heart, mind and body to assist others as required.
28. I AM the mother of pearl strings of unity in connectivity with my soul, heart, mind and body.
29. I AM the love of the Divine Mother expanding the light of my soul, heart, mind and body, amplified 100,000 times for every sentient being in this and all systems of worlds.
30. I AM the joyful play of spirit's light within my body, heart, mind and soul.
31. I AM free of worry, fear and doubt.
32. I AM the purification of thought, feeling and emotion in my heart, mind and body.
33. I AM trusting my inner Buddha Self.
34. I AM healing my soul, heart, mind and body with the love of nature.
35. I AM a being of perfect health in soul, heart, mind and body.

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36. I AM the ten Buddhist perfections flowing with the winds of Aquarius, healing every sentient being.
37. I AM the divine energy of God, making everything light.
38. I AM the perfect healing of all mental illness.
39. I AM perfect joy that I share with all life.
40. I AM the perfection of the pink pearl, the opalescence of wholeness, clarity of mind and joy of the soul.
41. I AM the perfect clarity of vision and understanding for taking the right course of action for all issues in my physical, emotional, mental and spiritual bodies.
42. I AM living moment by moment in perfect attunement in my soul, heart, mind and body.
43. I AM clearing my soul, heart, mind and body from any debris that is not useful.
44. I AM the dissolving and dispersing of all blocks within my soul, heart, mind and body.
45. I AM the perfect wisdom and perfect feeling of invocation.
46. I AM connecting with the nature spirits through my soul, heart, mind and body for greater understanding of the nature kingdom.
47. I AM the waters of resurrection transcendence.
48. I AM the flowering of wholeness within my soul, heart, mind and body.
49. I AM receiving and emanating healing currents from the Medicine Buddha.
50. I AM one with the Medicine Buddha as I assist him in healing the souls, hearts, minds and bodies of all mankind.