

I AM appropriating the alchemical fires of the Holy Spirit.

God is revealing to me the mysteries of the use of divine light.

I AM entering a new understanding of the sacred fire and of the alchemical formulae of fohatic change.

I AM wielding a great light to meet head-on the cataclysmic changes occurring upon Earth.

I AM walking and conversing with God daily.

I AM actively focusing the light of cosmic freedom in the here and now!

I AM understanding the cosmic momentum of the solar frequencies through the crystal of Self, accelerating me into divine gnosis.

I AM assimilating through love the stellar light and the solar light as an adept of the Spirit on behalf of all mankind.

I AM receiving and accepting a new investiture of holy light within my sacred centers.

My chakras are vessels of cosmic consciousness through which the Elohim charge forth their light day and night.

I AM a mirror for God, a cosmic prism and emitter of all that is pure and real from my Sun-source.

I AM actively extending divine currents of all that is good and beautiful in the world.

I breathe the pranic light in and out as a stream of pure love.

I AM accepting my mission and serving as Jesus did on behalf of the evolutions of this world.

With Saint Germain, I AM a cosmic alchemist and I AM an arbiter of my divine destiny.

I accept the spirit of cosmic transmutation this day!

I AM the light of the Holy City within me as I receive anew the Holy Spirit this day.

I AM moving forward in perfect love, which is the key to all alchemy.

I AM the living light of cosmic freedom!

Excerpted from Saint Germain's HeartStream of April 28, 2007.