

**Mantras to the Five Dhyani Buddhas**

OM VAIROCHANA OM

OM AKSHOBHYA HUM

OM RATNASAMBHAVA TRAM

OM AMITABHA HRIH

OM AMOGHASIDDHI AH

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**Buddhist Mantras**

1. OM MANI PADME HUM
2. OM AH HUM VAJRA GURU PADMA SIDDHI HUM
3. OM TAT SAT AUM
4. OM WAGI SHORI MUM
5. OM AH RA PA TSA NA DHIH
6. OM VAJRASATTVA HUM
7. OM TARE TUTTARE TURE SVAHA
8. OM NARANI JIVANTIYE SVAHA
9. GATE GATE PARAGATE PARASAMGATE  
BODHI SVAHA
10. TATYATA AUM MUNI MUNI MAHA MUNI  
SHAKYA MUNIYE SVAHA

**Hindu Mantras  
to the Feminine Deities**

Sarasvati: OM AIM SARASVATYE NAMAHA  
Lakshmi: OM SHRIM LAKSMYE NAMAHA  
Kali: OM KRIM KALIKAYE NAMAHA  
Durga: OM DUM DURGAYE NAMAHA

AIM HRIM KLIM CHAMUNDAYE VICHE  
OM MATA SHRI MATA  
OM SHRI MATA DURGA MA  
JAYA DURGE JAYA DURGE  
DURGE DURGE SHIVE SHIVE

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**Bija Mantras  
to the Feminine Deities**

Sarasvati: AIM  
Lakshmi: SHRIM  
Kali: KRIM  
Durga: DUM

**Chakra Meditations**

*From the Base of the Spine to the Crown*

OM AIM NAMAHA  
OM HRIM NAMAHA  
OM SHRIM NAMAHA  
OM AIM HRIM KLIM CHAMUNDAYE VICHE  
OM SOU HU NAMAHA  
OM KRIM NAMAHA  
OM AIM HRIM SHRIM  
KLIM SOU HU OM

OM AIM NAMAHA  
OM VAM NAMAHA  
OM RAM NAMAHA  
OM YAM NAMAHA  
OM HAM NAMAHA  
OM NAMAHA  
OM

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**Bija Mantras for the Chakras**

*From the Base of the Spine to the Crown*

AIM  
GLOUM  
HRIM  
KLIM  
SOU HU  
SHRIM  
OM

**Other Mantras**

OM TRAYAMBAKAM YAJAMAHE  
SUGANDHIM PUSHTI VARDHANAM  
URUVA RUKAMIVA BANDHANAT  
MRITYOR MUKSHIYA MAMRITAT

OM NAMO NARAYANAYA (4x)

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**100 Syllable Mantra**

OM VAJRASATTVA SAMAYA MANU PALAYA  
VAJRASATTVA TENO PATISH THA  
DRIDHO ME BHAVA, SUTO KAYO ME BHAVA  
SUPOKAYO ME BHAVA, ANU RAKTO ME BHAVA  
SARVA SIDDHI ME PRA YATSTA  
SARVA KARMA SUTSA ME  
TSITTAM SHREYAM KURU HUNG HA HA HA HA HO  
BHAGAWAN SARVA TATHAGATA  
VAJRA MA ME MUNTSA VAJRA BHAVA  
MAHA SAMAYA SATTVA  
AH HUM PHAT

*English Translation*

*Om Vajrasattva, keep your pledge.  
Vajrasattva reside in me. Make me firm; make me satisfied.  
Fulfill me. Make me compassionate. Grant me all siddhis.  
Make my mind virtuous in all actions. Hum Ha Ha Ha Ha Hoh!  
All the blessed Tathagatas, do not abandon me.  
Make me indivisible.*

## Gayatri Mantra

OM BHUR BHUVAH SVAH  
TAT SAVITUR VARENYAM  
BHARGO DEVASYA DHIMAHI  
DHIYO YO NAH PRACHODAYAT

### *English Translation*

*You who are the source of all power,  
Whose rays illuminate the world,  
Illuminate also my heart and my mind  
So that they, too, can do your work!*

The Gayatri Mantra, believed to have been chanted for over 3,500 years, is an earnest prayer of praise invoking the Supreme Divine Spirit to awaken the higher mind to attune ourselves to the cosmic mind and to cosmic laws. There are seemingly many different ways to chant the Gayatri Mantra. One version that we find especially melodious can be found at [www.sacha-cd.com/gayatri\\_mantra.htm](http://www.sacha-cd.com/gayatri_mantra.htm).